



City Charter High School

School Health Improvement Plan

Actions	Steps	Whom and When
Module 4: Nutrition Services Action: Create partnerships and schedule field trips with a local farm and botany course to create a long-term school garden on the school patio.	Identify issues with current garden	Botany Teacher, Admin April/May 2026
	Create plan to overhaul garden with support from the Botany course	Botany Teacher April 2026
	Develop budget with Ms. Pascuzzi (Botany Teacher)	Admin, Botany Teacher April 2026
	Establish a long term relationship with Hilltop Urban Farm	Botany Teacher April - July 2026
	Botany students will attend a weekly field trip to Hilltop Farm to take care of vegetable gardens, weed and harvest vegetables.	Botany Teacher, Botany students and Farm April - July 2026
	Purchase and implement new garden ideas (additional topsoil, perennials, rabbit decoy and annuals including vegetable plants)	Botany Teacher and Botany students enrolled in course April - July 2026
	Implement practices learned from the field trip into the school garden	Botany Teacher and Botany students enrolled in course April - July 2026
Module 9: Employee Wellness and Health Promotion Action: City High will train targeted staff in CPR and decide how to train larger groups of staff members long	Utilize CPR trainers to train CPR to identified school staff for certification.	Nurse, CPR Trainer and Admin January 2026 - July 2026
	Identify staff that need to be certified and re-certify staff who already have their certification.	CPR Trainer and Admin January 2026
	Certify all administrative staff (principal and assistant principals)	CPR Trainer and Admin March - July 2026

term.	Determine a long term plan to certify all staff within the next 2-3 years so that the whole staff is CPR certified.	CPR Trainer, Nurse and Admin July 2026 - Oct 2026
Module 9: Employee Wellness and Health Promotion	Explore past and current methods of reviewing AED machines in building and purchasing new model.	Nurse, Admin January - June 2026
Action: Review and update AED Policy and offer training.	Research what a new model, get approval and purchase new machines.	Nurse, Admin January - June 2026
	Place new AEDs in school building.	Nurse, Admin January - June 2026
	Schedule and conduct training for nurse, CPR certified staff and school security.	Nurse, Admin January - June 2026
Module 9: Employee Wellness and Health Promotion	Create overall budget and list of items for each staff floor in building.	Wellness Committee (Counselors Internship Manager and Admin), School Chef October 2025 - July 2026
Action: Share EAP info as well as healthy snacks to boost staff morale and promote wellness to staff on a monthly basis.	Get approval on budget and purchase all items.	Wellness Committee and Admin October 2025 - July 2026
	Share EAP information and provide weekly health and wellness emails with resources for staff.	Wellness Committee October 2025 - July 2026
	Create a wellness basket for each grade level team and staff and deliver to each floor.	Wellness Committee October 2025 - July 2026
	Get feedback from staff regarding the information and wellness items provided to each floor.	Wellness Committee, School Staff October 2025 - July 2026